

### 3.3. Extension Activities

**3.3.1 Extension activities are carried out in the neighbourhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years.**

Thoubal College, Thoubal organizes extension activities in the neighbourhood communities that sensitizes students towards community issues, gender disparities, social inequity, etc., and inculcate social values and commitment to society. A brief description of some of the student societies are as follows:

#### **National Service Scheme (NSS)**





### **NSS Thoubal College and NYK, Thoubal District at the work site**

NSS is a Central Sector Scheme of Government of India, Ministry of Youth Affairs & Sports that aims to develop the personality of student volunteers through community services and to make them sensitive and responsible human beings who are aware of the socio-economic realities of India. The College has three Units of NSS, out of which one Unit is for only women volunteers.

#### **Social work:**



### **Students of Thoubal College, local club volunteers, Meira paibi (local women) and Teachers are participated in the Social Service.**

As a part of the observations of state and National important days such as on Gandhi Jayanti, Independence Day, NSS day and prior to Patriots Day of Manipur- NSS Volunteers and NCC Cadets of the College regularly organized Social Works at market Places, D.C Complex of Thoubal, Khongjom War memorial Complex and adopted Village with community clubs. Student Volunteers, Teaching and non-teaching faculty of the college take part in the event.

## Flood Relief Camp:



Thoubal college staff led by principal, Thoubal College are providing rice, dal, cooking oil, soaps, Potato and other daily consumable food items to the flood affected people of Leishangthem Khong Manung on 27 July, 2017,. Volunteers of Young Association Leishangthem are assisting to distribute the flood relieved materials.

## Food Mela:



College organised food Mella in the College (first time in the State2018) B.Voc participated the Sangai Festival (International) November, 2017.



Students of B.Voc, Department of Food Processing and Engineering with teachers of the College opened stall in the State Level Food Mela (First kind in

Manipur) 17<sup>th</sup> -18<sup>th</sup> Apr., 2017 and International Sangai Festival held in Imphal, November, 2018.

### Swachata Hi Sewa, Swachh Bharat Mission and Ek Bharat Shrestha Bharat:



Students of the College with Teaching & Non-teaching Staff organized **Swachata Hi Sewa** from Sept. 15<sup>th</sup> 2018 to 2nd Oct 2018 in connection with the 70<sup>th</sup> years of Indian Independence & 3<sup>rd</sup> swachh Ta Hi Bharat Mission, Government of India with initiative of the NSS units of the College. Cleanliness Competition was conducted amongst the Departments of the College during which Pledge taking ceremony, Motivational Speech, Cleanliness Drive, the students and faculty members of the college took up Tree Plantation activities in the campus and approach roads of the College.

### Distribution of College-made sanitizers and Masks:



### Department of Chemistry Prepared of sanitizer on 08/04/2021 and distributed face masks

**Distribution of Hand Sanitizers:** During the pandemic Chemistry Department of the college prepared Hand Sanitizers with the raw materials supplied by the Directorate. Hand sanitizers and face masks are distributed to the Street Vendors, markets, Policemen on Duty, staffs, students on 8<sup>th</sup> April, 2021 by the Principal

**Outreach Program:**



Workshop on violence against Women, National voters Day (2018) Workshop on NAAC,NIRF, AISHE Challenge persons



Hon'ble Shree Y. Joykumar Singh, Minister, Finance, Manipur, National Seminar on Screening of Youth Parliament National Seminar on Sustainable Development, Lt. K. Himalaya Singh, O.Chaoba Devi, Principal and Dr. R.K. Ranjan Sing former Director,CDC, Manipur University.

**Blood Donation:**

NSS and NCC students participated Blood Donation Camp 23rd April, 2017 held on 'Khongjom Day', The Patriots' Day on at Khongjom, Thoubal District.



## Sports & Cultural:

### INTERNATIONAL SILVER MEDALIST JEET KUNDO 17-18



L. Geetanjali Devi BA 3rd Sem, Won Silver Medal at Jeet Kundo Championship 2018, held at National Stadium Bangkok, Thailand 12-18 March 2018.

### GOLD MEDALIST 50mt.Indian Round Archery Inter University Archery Championship 2017-18



Th. Heller Singh, BA 3rd Sem Secure Gold Medal in All India Inter University Archery Championship (50mt. Indian Round) Individual, 2017-18 held at Kalinga Institute of Industrial Technology University Bhubaneswar- Odisha, 26th to 30th December 2017.

### Team Champion of Manipur University Inter College Kabaddi Championship 2017-18

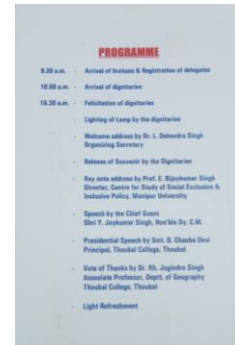
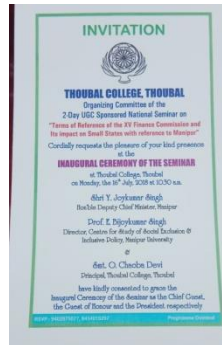


Thoubal College Kabaddi (M&W) Team won Team Champion at Manipur University Inter College Kabaddi Tournament 2017-18 held at Thoubal College, 26-28 Oct 2017.



Thoubal College contingent participated Cultural march, Thoubal College Team participated cultural march pass in Manipur University.

**Visit to Destitute Home of Women :** As a part of the community extension service, the college visited Priscilla Home, New Lamka on 7th Dec 2020, where young destitute women are trained for weaving handloom products. Other essential and food items were given to them as gift.



**One student demo regarding the preparation of dustbins, Table decorations and many items from the Useless cartoon boxes and papers**